



BALTIC JUNIOR CUP 2017

RACE BULLETIN - LONG DISTANCE

OK Vilse 87 welcomes you to the BALTIC JUNIOR CUP and the LONG DISTANCE on October 22th, 2017.

Arena	Bommareviken, NV Olofström Signposts will appear at road 15 just north of Olofström and at the road "Nytebodavägen".
Parking - arena	Buses: The buses drive to the arena to drop off passengers and luggage and then continue to the bus parking, see separate map. NOTE: The bus parking is now closer to the arena. Cars: Car parking adjacent to the arena.
Start	Start 1: Follow orange/white markings 600 m. Note that there will be a separation into two start areas (one for Baltic Junior Cup and one for the national competition "Vilselöpet") On the way to the start, you will pass a place where you can clear your SI-card by inserting it into the clear unit, marked "töm". First start at 9:00 am. NOTE: There are no toilets at the start.
Starting routine	When the clock at the start shows your starting time (3 minutes before real time), you enter the first lane and your SI-card will be checked. After 1 minute you enter the next lane where you can get the control description. After 1 more minute you enter the lane with the maps. You are not allowed to look at the map until the start signal sounds.
Two maps	All courses are divided in two parts/two maps. Both maps are put in the same plastic pocket. The first part/map is facing upwards in the map box at the start.
Clothing	We remind you that the Swedish Orienteering Federation's competition rules state: "To be allowed to start, the runner must wear clothes covering the whole body, except for head, neck and arms".
Warm up clothes	Warm up clothes left at the starting area will be transported back to the arena.
Number bibs	All runners must wear number bibs. Self-service at the starting area.
Stamping system	SportIdent. If there is no SI-card no. specified in your entry, a rental card will be assigned (30 SEK). Lost rental card will cost 500 SEK. The teams will receive any rental cards at the team leader meeting on Saturday evening. If the electronic punching does not work, please punch in the punch boxes on the map.
Time limit	2.5 hours.
Map	Fritsatorpet 2017, updated by Marko Karkulehto. Scale 1:10 000. Contour interval 5 m. NOTE: Blue meridians. The maps are digitally printed by "Pernillas Grafiska".



Control description	Control description printed on the map. Separate control descriptions are available at the start.
Terrain	Forest land, mostly spruces and pines. The level of details varies. Many roads and paths in the area. Cultivated land only at the arena. The terrain is not very hilly. Partly limited runnability due to rocky land and areas with vegetation slow running.
Controls	The controls consist of an aluminium stand, equipped with SI-station, punch clip and orange/white marker. The control code is specified on both station and stand.
Forbidden areas	It is forbidden to enter private lots.
Road crossing	There will be guards, but it will also be each runner's responsibility to ensure a safe passage.
Passing through the arena	All classes will pass by the arena during the race. The passing control, that also is the end of course-part 1, is located about 100 m south of the arena. After punching at the passing control, the runner must follow a marked route to the starting point for course-part 2.
Last control - Finish	NOTE: There are two different last controls (one for Baltic Junior Cup and one for the national competition "Vilselöpet") and consequently two different finish lanes. Be sure to punch at the correct last control!
Open courses	Sale 9:00-10:30, see more information in a special memo at the arena. Start 9:30-11:00.
Wild animals	Please report at the finish if you have seen any moose, roe deer, fallow deer or wild boar. Please, also leave report on razed stone fences or other fencing!
Toilets	At the arena. NOTE: No toilets at the start area.
Shower	Hot shower outdoors at the arena.
Medical facilities	At the arena.
Lunch	The lunch is served from 11:00 , next to the cafeteria. When you hand over your lunch ticket, you will get a packed lunch containing cold pasta salad (with chicken), bread and beverage.
Cafeteria	A well-supplied cafeteria at the arena.
Prize-giving ceremony	Will be held as soon as possible at the arena, at the latest 12:30. The speaker will make an announcement. Prizes to the top six in each class and to all participating team.
Event Director	Håkan Henmyr, 0709-30 16 90
Event Adviser	Lennart Smedenmark, Ronneby OK
Course Planner	Tore Tjernlund
Course Controller	Raimo Salminen
Jury	Piibe Tammemäe, Estonia (chairman) Algimantas Dambrauskas, Lithuania Atis Heinols, Latvia