



Memo

Stage 2 – Long Distance – Saturday 14 July
and

Stage 3 – Shortened Long Distance with Pursuit Race – Sunday 15 July

Arena

Buared, east of Åsa. See map in Eventor.

Driving directions

E6 turnoff 57 Frillesås or turnoff 58 Fjärås, further directions from the roundabout immediately north of Åsa village.

Directions from the camping, distance ca 7 km by car, ca 4 km by bike.

We kindly request that all participants observe these directions in order for the logistics to work in the best possible way!

Parking

Distance to the arena max 700 m. Fee 10 SEK. Follow the signs and the directions of the parking functionaries.

Cycling

We encourage our camping guests to go by bike to arena Buared if possible. It's only ca 4 km. A prize of 1000 SEK is drawn on Saturday and Sunday among the cars which are left on the camping ground.

Direct Entry

Open classes, Inskolning, U1 and U2 (see below) are sold in the Direct Entry between 09:00 am and 11:30 am. Price 110 SEK for adults and 65 SEK for youth.

Inskoln green	(1710m/2160m)	U1 green	(1920m/2120m)
U2 white	(2090m/2190m)	Open 1 white	(2100m /2130m)
Open 2 white	(3760m/2800m)	Open 3 yellow	(2950m/2500m)
Open 4 yellow	(4360m/4260m)	Open 5 orange	(3420m/3750m)
Open 6 red	(5750m/5460m)	Open 7 blue	(3400m/3050m)
Open 8 black	(4560m/4650m)	Open 9 black	(7440m/7060m)
Open 10 violett	(4160m/4120m)	Open 11 violet	(5190m/5030m)

green, white, yellow = easy; orange, red, violet = average difficulty; blue, black = difficult

Course lengths for the other courses can be found in the start lists.

Start

Stage 2:

First regular start 10 am. Late entries starts before regular start. Late start allowed max 30 min after regular start time.

Inskolning, U-classes, recreational and open classes have free start time 09:30 – 12:30.

Start 1: HD18-21 Elite, D18-55, D21 Short, H18-60, H21 Short.

Start 2: All other classes.

Orange/white stripes to both starting points (which are situated next to each other). Distance from the arena 300 m.

NB! “Go forward” time is **2 minutes** before given start time

Stage 3:

First start 10 pm. Pursuit race in all competition classes except HD10, which have drawn start time.

See further separate Pursuit race memo.

Inskolning, U1, U2, Recreational and Open classes have free start time 09:30 – 12:30.

Start 1: HD18-21 Elite, D18-55, D21 Short, H18-60, H21 Short.

Start 2: All other classes.

Orange/white stripes to both starting points (which are situated next to each other). Distance from the arena 1050 m, easy terrain.

Race bibs

Stage 2: HD16 (self-service at the start) and HD18-21 Elite (the same race bibs as at stage 1).

Etapp 3 See Pursuit race memo.

Controls

Controls are marked with orange/white control flags.

Punching system

Punching system Sportident.

Needle punch available as a fallback in case the punching unit should not work.

Emptying of SI-stick takes place on the way to start.

All must check at start.

Classes with free start time must punch at start.

Hire of SI-stick 30 SEK (stick not returned is charged 600 SEK).

Checking out

All runners – also those who do not finish – must check out at the secretariat.

Terrain

Farm- and meadowlands, woodland with extensive bare rocks and much open ground (bare rocks are marked in grey on the map). The longer courses pass some large hills. Moderate hills and mostly good passability..

Stripes

Stages 2 and 3: Some indistinct paths are marked with white stripes in the terrain.

Stage 2: The classes HD12, U1, U2, Open 1 and Open 4 has a striped section between two controls, marked with red/white stripes.

Map

Ölmevalla, newly produced in 2011 and revised during spring 2012 by Carlsson & Svanberg. Scale 1:10 000 for all classes except HD16-21 which have scale 1:15 000 and HD65-85 which have scale 1:7 500. Contour interval 5 m.

Offset printed map for all with map scale 1:10 000 and 1:15 000, certified printout for scale 1:7 500.

- Forbidden areas*** Forbidden areas are marked on the map, and in the terrain, with blue/yellow stripes.
- Control descriptions*** Separate control descriptions available at the start. They are also printed on the map.
- Max time*** 2½ hours for all classes.
- Clothing*** Full body cover required, but short sleeves are allowed.
- Shadowing*** Allowed in Inskolning, U1 och U2 and in the open classes.
Shadowing map in colour is available in Inskolning, U1 och U2.
Runners who run ranking classes are not allowed to shadow before their own start.
- Beverages*** Water available at the arena. At stage 3 also at the start.
Drinking stations with water and sports drinks in the forest during both days.
- Reporting game*** All observations should be reported to the secretariat.
- Serving*** Well-supplied serving with coffee, lemonade, sweets, icecream, pasta salad and hamburgers.
- Miniknat/String course*** Available at the arena. Start between 09:30 och 12:00. Price 40 SEK
- Child care*** Available at the arena for children 3-8 years. The children must have stopped wearing nappies. When entry at the arena 50 SEK/day.
- Medical treatment*** For acute injuries, available at the arena. Defibrillator available in the medical treatment tent.
- Toilets*** Available at the arena. On stage 3 also available at the start. N.B.! No toilet at the start on stage 2.
- Shower*** Hot shower in connection with the arena. N.B.! We have long transport ways. Be loyal to those who start late. Be economical with the water!
- Startlists and results*** Startlists in Eventor, at the arena and at the camping.
Results in Eventor and at the arena and at the camping.
- Distribution of prizes*** Sunday 15 July at 12:30 PM.
Prize 1- 3 is presented at a prize giving ceremony. The awards will be presented by Roger Djupsjö, secretary-general of O-Ringen Halland 2012.
Remaining prizes are collected in the prize tent as the classes are ready.
Inskolning, U1 och U2 are given their prizes immediately after coming in when showing their map.
In the Open and recreational classes, drawn prizes among all participants.

Camping Se separate memo.

Sport sales Team Sportia.

Competition jury Sven-Erik Dahlberg, IK Trenne, chairman
Carina Andersson, FK Friskus
Peter Badenfelt, Falkenbergs OK

Competition organization

Competition management:

Bengt Hansson, OK Löftan +46705 301502, competition manager

Linnéa Carling, Fjärås AIK +46733 100624, ass. competition manager

Eric Toftered, IF Rigor +46760 612862, camping manager

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Competition controller: Mats Kågeson, Göteborgs OF

Course planner: Etapp 2: Roger Ivarsson, Fjärås AIK

Etapp 3: Magnus Johansson, OK Löftan

Course controller: Etapp 2: Ingvar Svanberg, OK Löftan

Etapp 3: Bernt Andersson, IF Rigor

