



Invitation to Orienteering Relay

Smålandskavlen, October 26–27, 2019

OK Njudung – Kexholms SK

Men

1	night	11 km	black
2	night	8 km	black
3	day	6 km	black
4	day	9 km	black
5	day	12 km	black

1250 SEK per team

Women

1	night	6 km	black
2	night	6 km	black
3	day	6 km	black
4	day	4 km	black
5	day	8 km	black

1250 SEK per team

M16

1	night	5 km	violet
2	day	4 km	orange
3*	day	3 km	orange
4	day	5.5 km	violet

320 SEK per team**

W16

1	night	4 km	violet
2	day	3 km	orange
3*	day	3 km	orange
4	day	4 km	violet

320 SEK per team**

MW12

1	day	3 km	yellow
2*	day	2.5 km	white
3	day	3 km	yellow

240 SEK per team**

Open

1	night	4 km	violet
2	night	4 km	violet
3	day	5 km	blue
4*	day	4 km	orange
5	day	5.5 km	violet

900 SEK per team**

M180

1	day	4 km	blue
2	day	3 km	blue
3	day	4 km	blue

Total age ≥ 180 years
540 SEK per team

Open Easy

1	day	4 km	orange
2*	day	3 km	yellow
3	day	4 km	orange

540 SEK per team**

W120

1	day	3 km	blue
2	day	3 km	blue

Total age ≥ 120 years
360 SEK per team

Runners who run a night leg on Saturday night may run in Open class (Open or Open Easy) on Sunday. There are also individual open classes on Sunday. See separate event information at Eventor.

* 1 to 3 runners are allowed. No forking.
** Cost for additional runner is 80 SEK.

Arena	Åseda sports park, Stenaparken. Direction signs will be posted along highway 23 south of Åseda.
Map	Skrikebokartan. Mapped 2017–2019 by Ludwig and Mats Ljungqvist. There are older maps of the area. Scale 1:10 000 for Men, Women, M16, W16 and MW12. Scale 1: 7 500 for M180, W120, Open and Open Easy. Contour interval is 5 meters. Map standard ISOM 2017. Digital printing, certified by SOFT.
Terrain	The vegetation consists of coniferous forests of varying age with generally good runnability. Clear-cuts and marshes are scattered throughout the area. Trails of varying size, together with forest roads, form a continuous network. The area is slightly to moderately hilly. Some areas with more intricate contours and details occur.
Start	Classes with night legs will have mass starts from 19.00 on Saturday. After the night legs, the competition will take a break, and continue with chase start on Sunday morning, no earlier than 08.30. Classes, with day legs only, will have mass starts on Sunday, no earlier than 10.00. All classes start in the arena. Please note that transition to normal time occurs the night between Saturday and Sunday.
Registration	Registration and other bookings must be made via Eventor: registration for regular fee no later than Tuesday, October 15th, and late registration with a surcharge of 50 percent until Thursday, October 24th. The fee is determined in consultation with Smålands OF, and elevated in adult classes due to professional speaker and shower indoors.
Payment	Swedish clubs are invoiced. Foreign clubs pay in advance. Late payment must be confirmed with a receipt prior to start. Payment is made to OK Njudung: IBAN SE95 5000 0000 0519 0101 2557 BIC ESSESESS Bank SEB (Skandinaviska Enskilda Banken AB)
Team members	The runners' names and SI numbers must be registered at Eventor by 11.00 on Saturday, October 26th. Each SI card may only be used once in the relay. If SI number is not submitted, a rental SI card will be assigned at a cost of 30 SEK per card. Not returned SI card will be charged 500 SEK. Last minute name changes must be submitted to the competition office at the arena.
Punching system	Sportident.
Parking	<i>Cars</i> must park in designated locations, maximum 500 m from the arena. <i>Buses</i> , please contact organizers in advance at smalandskavlen2019@gmail.com . <i>Caravans and motorhomes</i> are referred to a special parking space, which is booked in connection with registration for 100 SEK. There is access to toilet.
Accommodation	Dorm style accommodation on class room floors is offered Saturday night. The school is located next to the arena. Space can be booked in connection with registration for 80 SEK per person. See separate PM for accommodation at Eventor. <i>For alternative accommodations:</i>
	Virserum's Hostel virserumsvandrarhem.se Vidinge Gård vidingegard.com Växjö Hostel Evedal vaxjovandrarhem.se Ädelfors Folkhögskola adelforskonferens.nu

Food	<i>Breakfast</i> is available at the school accommodation at a cost of 60 SEK per person and must be booked in connection with registration. <i>Food and snacks</i> will be available for purchase at the arena.	
Showers	Showers will be available indoors adjacent to the arena.	
Sports sales	Pölder Sport.	
Awards	The best placed teams in each class will be awarded honorary awards.	
PM and start list	Starting list and preliminary PM are published at Eventor and <i>smalandskavlen.nu</i> .	
Results	During the competition, results updates and speaker sound in Swedish and English will be available online via <i>smalandskavlen.nu</i> and at the arena. Final results will be posted at Eventor and <i>smalandskavlen.nu</i> .	
District competition	On Saturday, Björkåkramedeln, a district competition with all classes is organized. See Eventor.	
Individual open classes	Open individual classes will be available on Sunday. See Eventor.	
Competition rules	The Swedish Orienteering Federation's competition rules and instructions apply.	
Event officials	Event Director	Joakim Karmetun, +4670-84 70 155, <i>smalandskavlen2019@gmail.com</i>
	Course setter	Anna Ekbring
	Assistant course setters	Mats Ljungqvist and Dennis Toll
	Speaker	Ola Jodal, Göteborg-Majorna OK
	Map controller	Lars-Gunnar Skoog, Växjö OK
	Course controller	Magnus Svensson, Nässjö OK
	Event controller	Sven-Åke Karlsson, IK Hakarpspojarna

Welcome to Smålandskavlen in Åseda 2019!



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